

2022 Energy Forecast Reading

This Oracle Card Reading uses the Medicine Wheel spread, which is a symbolic representation of all the cycles of life, such as the cycle of the rising and setting sun; the phases of the moon; the stages of birth, death and rebirth; and the turning of the seasons.

In the Medicine Wheel, every moon (Month) has a position. The solstice's (Winter, Spring, Summer and Autumn) relate to the different points on the circle – North, East, South and West. The centre card gives your overall energy of the year. This is a very powerful reading and as you look at the forecast you will receive insights as to the flow of the coming months.

When looking at the relevant card each month, be aware of the first feeling, image or insight that it reveals to you. Trust your intuition and gut instinct.

Ask yourself the following questions to reveal further insights:

1. What does this card mean to me?
2. What memories, beliefs or associations do I have with this card?
3. If this card were trying to tell me something, what would it be?
4. What does my heart/Soul want me to know about this situation?

If you are having trouble reaching the meaning, use your imagination and add "If I knew ..." to the questions above.

Embrace the energy of the card and be willing to face and release any negative thoughts and emotions that may no longer be serving you around that card's meaning.

After tapping into your own intuition and inner knowing with the card, the meanings and information enclosed are additional messages to your Soul which can reveal further insights.

There are also powerful affirmations to state your intent regarding the energy of the card and these can be repeated as often as you wish.

"May the wisdom, love and truth of your Soul be revealed in this Reading"

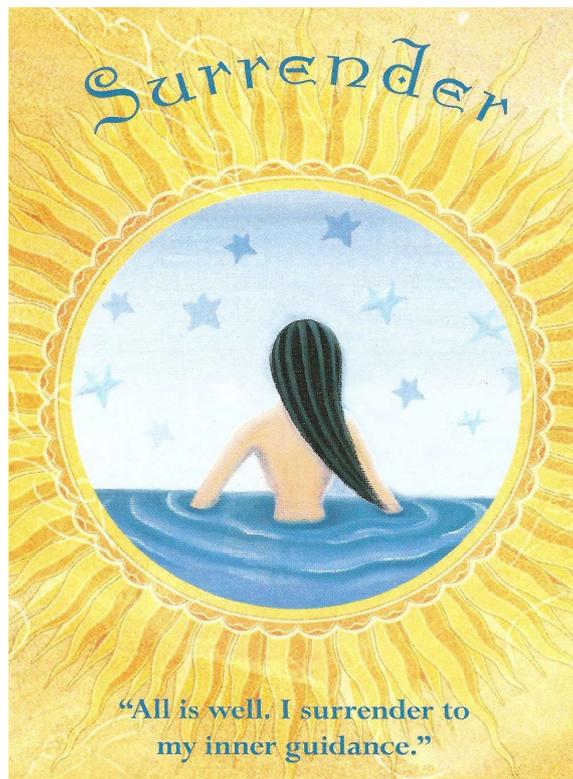
With love and blessings

Louise Francis

Certified Soul Coaching® Oracle Card Reader

Reading using Denise Linn Soul Coaching Oracle Cards
N.B. Oracle Card Readings are for entertainment purposes only

Your Overall Energy for the Year 2022



Card Meaning:

Let go and let God. All is well.

You don't have to do it all alone.

Release negative thoughts about yourself, for your life is divinely guided.

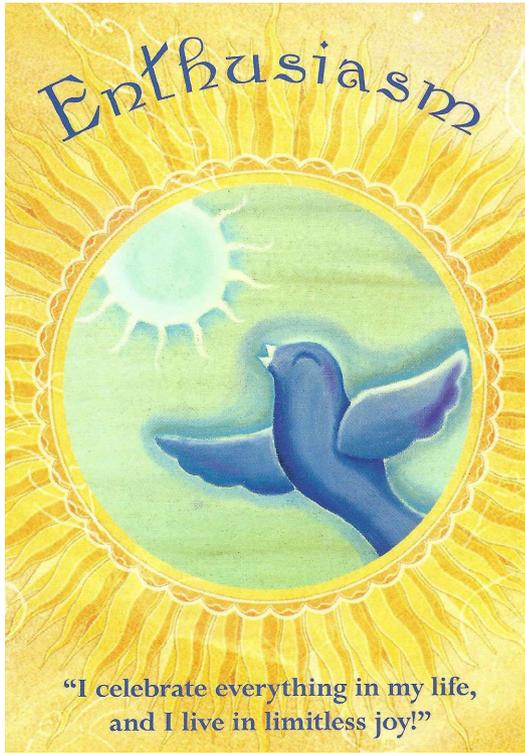
What your soul wants you to know:

Letting go can heal the need to be in control, the stress of unfulfilled expectations, the anguish of demanding how things should be, and the tension of wanting others to act in particular ways. These things constantly lead to disappointment and unhappiness. Although there's a time to hold on as if your life depended on it, there's also a moment to just let go.

Now is the time to SURRENDER! Remember that you aren't yielding to a force outside yourself; you're giving in to your Soul. By releasing your hold, you're allowing the creative forces of the universe to spiral through you. You're permitting the Creator to give you direction and inspiration. You don't have to do it all by yourself.

Help is all around you... open your heart and let it in.

JANUARY



Card Meaning:

Embrace life with excitement, and celebrate even the smallest victories!

Let your childlike exuberance radiate to others – this isn't the time to be cool or reserved.

Find joy in the ordinary events of life, and discover what's great about today!

What your soul wants you to know:

It's easy to think that you'll be enthusiastic once your dreams have become reality; however, the fastest way to manifestation is to be joyous about what you already have. As a direct result of your unabashed excitement, you'll start to see miracles in your life and in the lives of those around you. Additionally, ENTHUSIASM is a direct path to vibrant health: it helps improve your immune system and sends a message to your body that it's vital, healthy and strong.

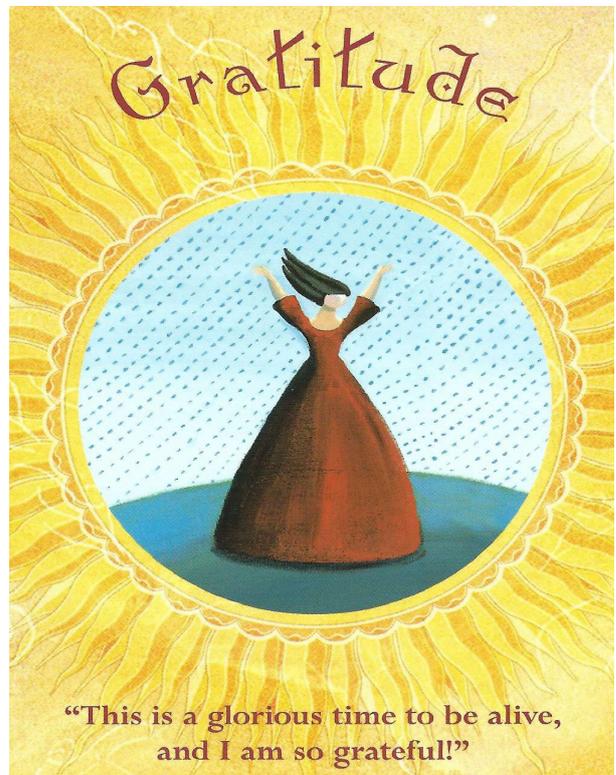
FEBRUARY

Card Meaning:

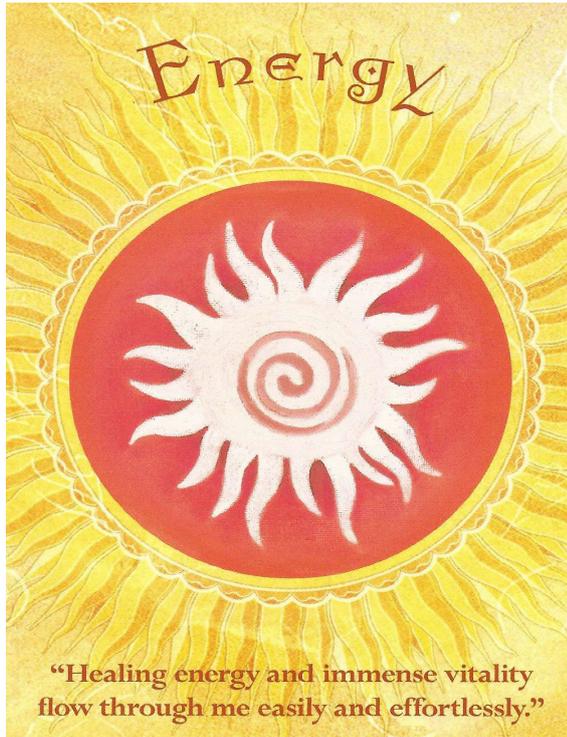
The universe is grateful for you! Appreciation for everything flows through you in great bounty. Cherish the preciousness of life and everyone and everything around you.

What your soul wants you to know:

GRATITUDE is the secret to a joy-filled life. True thankfulness can work like modern-day alchemy, yielding happiness and peace beyond imagination. And it's so simple: Find what's good and wonderful in every moment. No matter what's happening around you, there's always something to be grateful for. Whatever you appreciate in life will grow, so discover what you're thankful for – even the people and situations you've found challenging – and watch miracles unfold.



MARCH



Card meaning:

Vitality, health, healing and passion – these qualities are expanding in your life! You're a healer and a channel for the life force of the universe. Your ability to sense energy fields is increasing dramatically.

What your soul wants you to know:

When you hold back and repress what you feel, your body and spirit become drained; when you try to please everyone and deny yourself, your life force wanes. If you strive to meet everyone's expectations but forget to honour your own needs, your energy field becomes dull. Allowing your emotions and needs the freedom to be spontaneously expressed, however, causes waves of ENERGY to expand inside of you. Running on your own resources, it's easy to become drained; however, letting the divine light of the Creator flow through you easily replenishes your Soul.

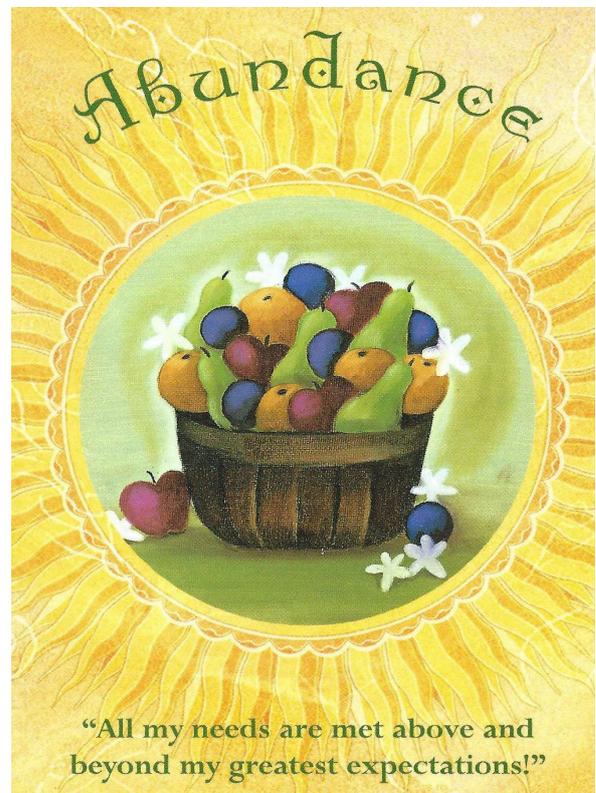
APRIL

Card meaning:

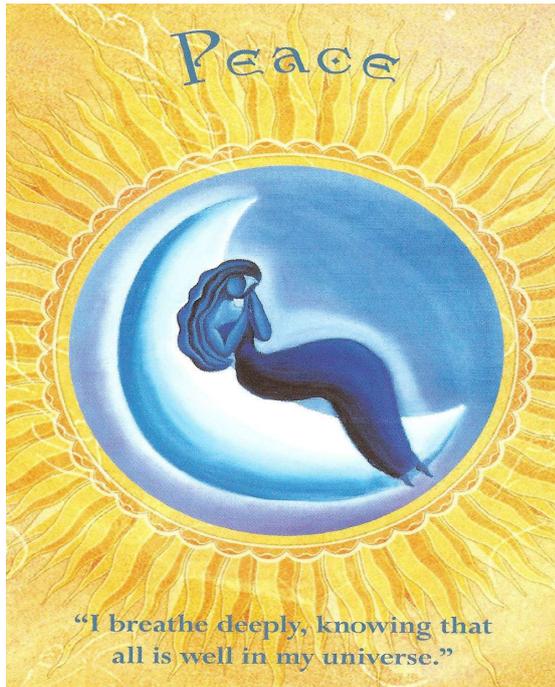
Open yourself to receive. Avalanches of abundance are waiting to flood your being. Everything is blossoming and bearing fruit now. The prosperity you seek is yours.

What your soul wants you to know:

ABUNDANCE is your birthright and is coming to you in many ways, including money, energy, time and love. Have faith and release any fear of loss or lack, which are only perceptions... there is an abundance of everything. Give deeply and fully without fear, for the more you give, the more you'll receive. It's a universal law: The Creator desires that you prosper in all areas of your life. Align your vibration with the energy of that which you desire to manifest. Whatever you focus on will grow in leaps and bounds – as you focus on gratitude for the abundance you already have, your prosperity will increase.



MAY



Card meaning:

Breathe ... and breathe again, deeply and often. Everything is flowing as it's meant to be, smoothly and effortlessly. All is in perfect harmony.

What your soul wants you to know:

True PEACE isn't static and boring; it's full of grace, enthusiasm and vitality. Tranquility is the awareness that all is unfolding according to divine planning. Serenity isn't something that you have to attain, work at, or search for – it's already dwelling within you. To experience this within yourself, simplify your life, spend time in nature, and take time to listen to the messages of your Soul. Peace transcends fear and the illusion of separation and connects you intimately to God.

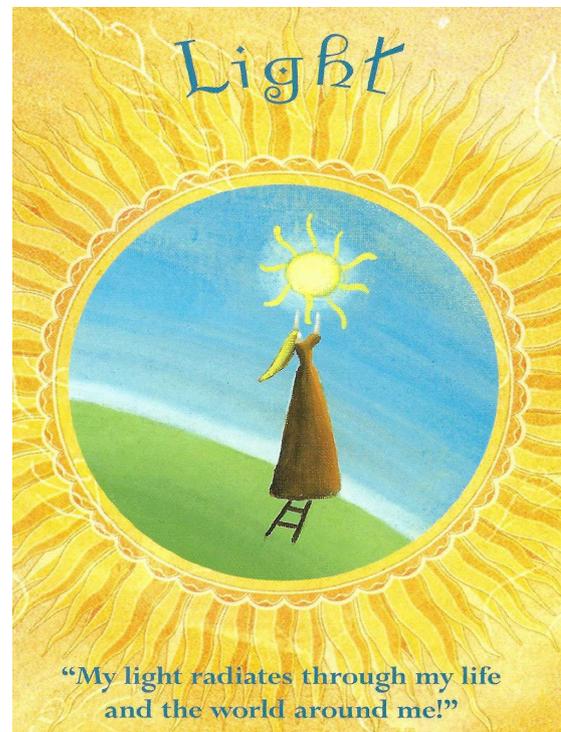
JUNE

Card meaning:

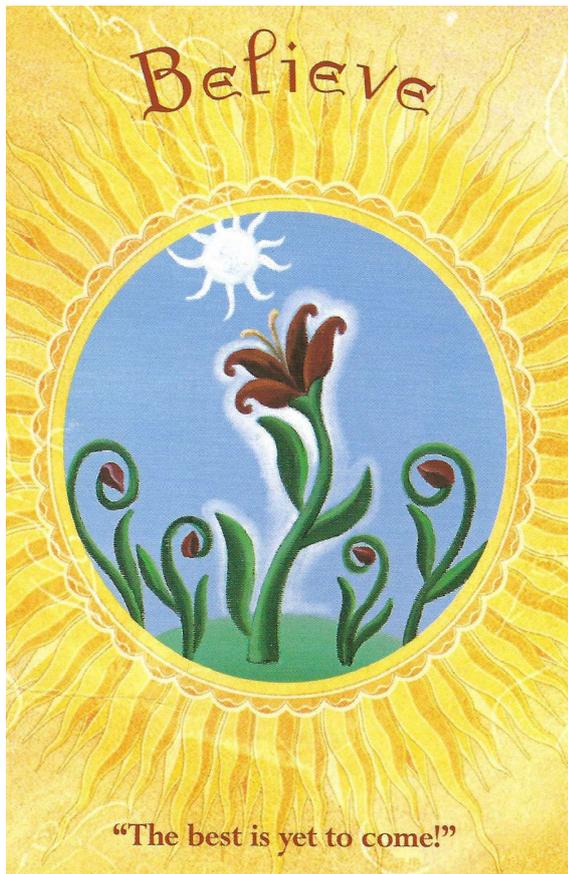
You are the LIGHT, and you come from the light! You illuminate the world, so rejoice and remember who you are. You have a physical form, but that's impermanent. At your source, you're luminescent! Lighten up... don't take things too seriously.

Your Soul wants you to know:

Now is the time for you to shine and remember who you are and where you came from. Your essence is radiant light! This is a good time to clear clutter – get rid of anything that you don't love or use. Clear out physical, emotional and mental junk in order to make space for you to shine even brighter.



JULY



Card meaning:

BELIEVE in yourself!

Have faith in magic and miracles.

If you can conceive it, you can achieve it.

What your Soul wants you to know: One of the secrets of the universe is the power of belief. If you're able to imagine and truly believe that something can happen, miracles will unfold. Expectations can act in both positive and negative ways, and your fixed thoughts and opinions about yourself have created your world and your experiences. If you've had an unpleasant history, this often creates negative beliefs about yourself and the world around you. Know that the past doesn't need to equal the future. Your new, positive conceptions can create a fresh and exhilarating future – simply believe that it's possible! Visualise and imagine your life as you desire it to be, and most important, *feel* how good it will be ... and hang on for a great ride.

AUGUST

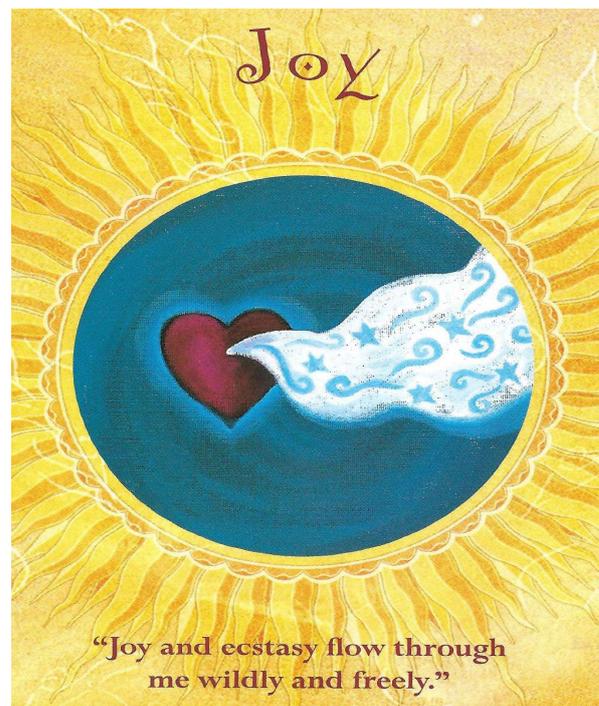
Card meaning:

Celebrate and have fun!

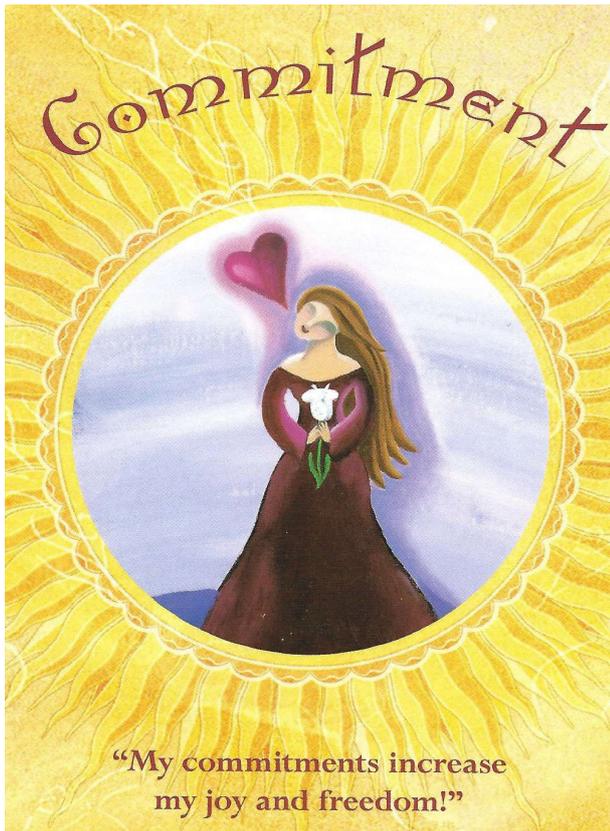
Embrace life, yourself and others. Say yes!
Soar to the clouds and let your doubts dissolve.
All is well.

Your Soul wants you to know:

It's simple: Your purpose in life is to experience joy! That's all that's required of you as a Soul. Whatever your circumstances, there's always something that can bring you delight, and what you put your attention on will grow. When you focus on the areas of your life that bring you JOY, these areas will prosper. One of the fastest paths to happiness is through sharing and giving, so give of your heart and share your love. Happiness spreads to others like wildfire and can help heal the world. Dance and sing with abandon: joy is your spiritual birthright.



SEPTEMBER



Card meaning:

This is the time to make the commitment, so stand tall, don't hesitate, and give your word. Keep your promise... and your word becomes law in your universe.

Your Soul wants you to know:

Making a COMMITMENT is taking a stand. It's declaring to yourself and the universe that you're unwilling to settle for less than excellence. It means that you keep your word – especially to yourself. Fear of doing this because you might fail sends a message to your subconscious mind that you *are* a failure. Of course, there's always the possibility that you might not succeed, but to hesitate because of fear instead of forging forward keeps joy and freedom at bay, so decide now! Any decision is better than none at all. The most important promises that you make are to yourself. Forgive yourself when you don't honour your word and then – without shame – recommit yourself with passion and gusto.

OCTOBER

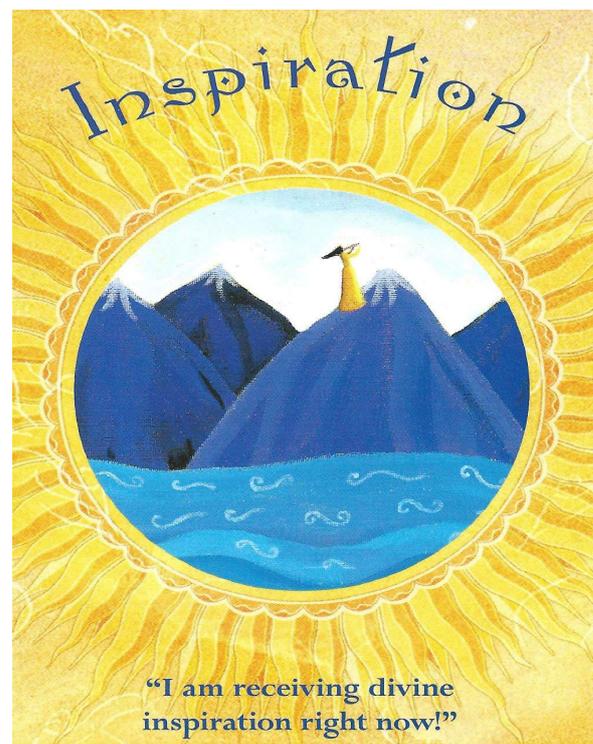
Card meaning:

Be open to Divine INSPIRATION!
You inspire others.

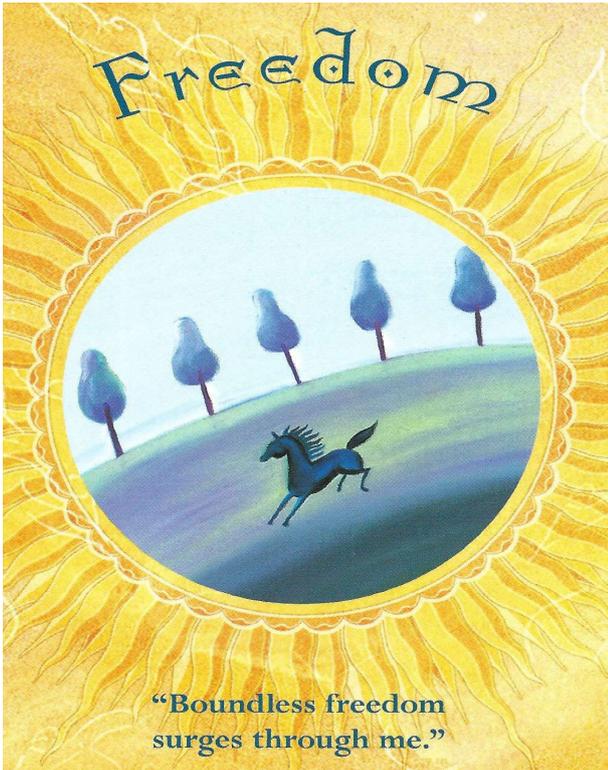
Immense creativity, motivation, and energy are expanding in your life.

Your Soul wants you to know:

Life without the fire of new ideas is dull and separates you from all that's the sacred. Creativity and inspiration are, in fact, receptivity ... being open to the Creator. Even if the motivation that occurs seems unusual or strange, welcome new ideas and fresh ways of viewing the world. Open yourself to the deep-flowing wellspring of visions, ideas, and intuition that dwell within you. Through the morning mists, the golden light of sunset, the wind in the trees, and the gentle thoughts at the edge of your mind, let God's wonderful ideas stimulate, enliven, enrich and revitalise you.



NOVEMBER



Card meaning:

Break free, express yourself, and let your spirit fly!
Flaunt your stuff, dance, laugh, explore and
go beyond predictable behaviour.
Be daring. Fling your arms to the heavens in joy.

Your Soul wants you to know:

You aren't here to be ordinary, but to step beyond limitations and self-imposed boundaries. Don't allow yourself to be trapped by convention or the expectations of others. You have the ability to choose your life on your terms. Replace the phrase "I should" with "I could, but I choose not to at this time." Perhaps you aren't always free to create the exact circumstances of your life – but you're certainly able to decide what meaning to give those situations. Select meanings that empower you, for this is the time to break free. Give your Soul FREEDOM to express who you are!

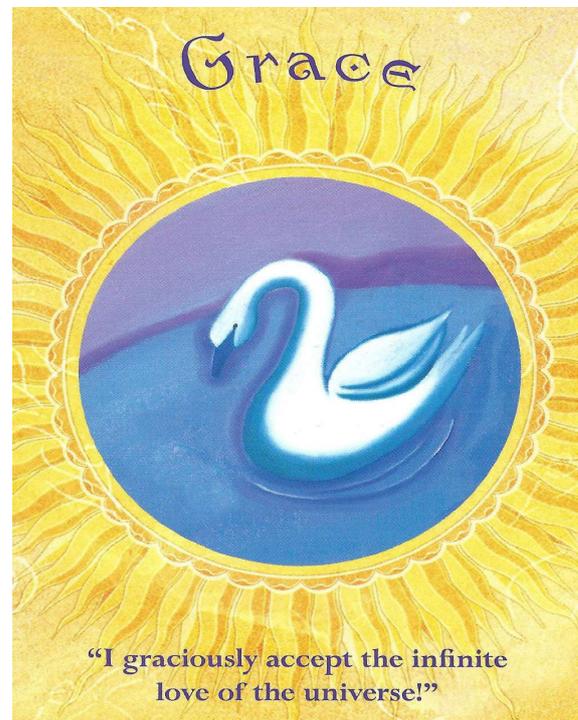
DECEMBER

Card meaning:

Be gracious and understanding with yourself.
Angels, guides and spiritual guardians are watching
over you and cherishing you.
Kindly honour the reality of others.

Your Soul wants you to know:

There's a spiritual nobility that accompanies true GRACE. Even if you absolutely know that your opinion is right, sometimes it's wise not to push your point. Let it drop – it's not that important. The Creator know the truth of the situation, even if others don't. There are times to be starkly honest, but this isn't one of them. Hear the truth of others without the overlay of your own opinions. Speak with love, kindness and diplomacy. Be kind to yourself and cherish your path.



"May 2022 be filled with love, light, joy and many blessings for you."